

### Slide 2

#### Objectives:

- > Why It's Important to Learn about Unjustifiable Alienation and Justifiable Alienation
- ➤Cultural Diversity
- Distinguish Between Justifiable Alienation (JA) and Unjustifiable Alienation (UA)
- ➤Gardner's 8 Primary Manifestations
- ≻Kelly & Johnston's Reformulation
- ➢ Baker & Darnall's Signs of Exposure to UA

# Slide 3

### **Objectives Continued:**

- ➤ Child Abuse and Neglect Reports
- ➢ False Allegations of Abuse Reports
- ≻Hybrid Types
- ➤Assessing for Alienation
- ≻Why It's Important Not to Jump to
- Conclusions ≻Levels of Severity
- .

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **1** of **30** 

- Distinguish Between Children Who Are Victims of Bona Fide Abuse and Children Who Are Victims of Legitimate Unjustifiable Alienation
- Assessment for DV, Child Abuse and Neglect
- Dispelling Some Misunderstandings
- A couple of Canadian Landmark Court Decisions
- ≻Q & A Period

# Slide 5

#### Parental Alienation is a tragic form of

- ✓ Domestic Violence (DV)
- ✓Intimate Partner Violence (IPV)
- ✓ Child Abuse (CA)

# Slide 6

# Why It's Important to Learn about Parental Alienation

- 80-90 percent of divorces are non-contested and never require formal court interventions
- High-conflict divorces = toxic divorces (Reay, 2007; 2011) encompasses roughly 10-20 percent of all divorcing families in Canada and the US.
- Toxic Divorce cases are extremely harmful to the children and the adults concerned.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page 2 of 30

# Parental Alienation (PA)

- Socio-cultural, economic and familial diversity Can occur in intact families, single families, blended families, gay/lesbian families, heterosexual families, separating families, divorcing families and/or post-divorcing families
- Widespread ethnic compositions
- Any type of socio-economic status (poor, middle class, middle-upper class, upper class)
   Widespread educational backgrounds of alienated and alienating
- parents Widespread jobs/careers seen in alienated and alienating parents .

### Slide 8

#### **Eight Primary Manifestations of Unjustifiable Alienation (PAS)** (Gardner, 1985)

1) The child aligns with the alienating parent in a campaign of denigration and hatred against the alienated (also referred to as the target) parent, with the child making active contributions.

Slide 9

2

Rationalizations for denigrating the alienated parent are often weak, frivolous, or absurd.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page 3 of 30

There seems to be no ambivalence in the child's feelings toward the target parent; thus, animosity toward the alienated parent is demonstrably severe.

3

Slide 11

4

The child states that the decisions to reject the alienated parent are the child's own (referred to as the "Independent Thinker" phenomenon).

Slide 12

5

There is an automatic, reflexive support by the child for the alienating parent.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **4** of **30** 

The child expresses a guiltless disregard for the feelings of the alienated parent.

6

Slide 14

7

The child borrows from various subject matter and jargon of the alienating parent. Thus, the child's denigration of the target parent has a distinct rehearsed quality.

Slide 15

8

The child's animosity extends to the alienated parent's extended family, friends and sometimes even pets.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **5** of **30** 

Gardner's concept of PAS was important, however, his original articulation was not adequate.

In 2001, Janet Johnston & Joan Kelly "The Reformulation"

- Not a "syndrome"
- Not a "mental disorder" of the child
- Typically not all fault of one parent

- "Alienated Child"

### Slide 17

# The Alienated Child (Kelly & Johnston, 2007).

- "child who freely and persistently expresses <u>unreasonable negative feelings</u> and beliefs (such as anger, hatred, rejection, and/or fear) toward a parent that are disproportionate to their actual experience of that parent."
- Alienation vs. Justified Rejection ["estrangement"]

# Slide 18

Legitimate Justifiable Alienation (Estrangement)

- Clinically-Significant Factors:
- Parental Verbal Abuse
- Parental Mental Abuse
- Parental Emotional Abuse
- Parental Physical Abuse
- Parental Sexual Abuse
- Parental Rejection & Abandonment
- Parental Neglect

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **6** of **30** 

### Other Clinically-Significant **Contributing Factors**

- Parental mental illness
- · Parental chronic illness or medical disability
- Parental criminality
- Inadequate parenting skills
- · Children/teens who get hooked into cults and brainwashed
- Child abduction by a parent

### Slide 20

#### **Other Contributing Factors**

- Children Who Witness Domestic Violence
- Parental Alcohol Abuse/Dependence, which can be combined with any of the above
- Parental Substance Abuse/Dependence, which can be combined with any of the above

# Slide 21

#### Baker & Darnall's Signs of Exposure to Unjustifiable Alienation Behaviours (2006, 2007) Badmouthing

- Telling the child that the targeted parent was a bad person.
   Telling the child about court cases and or child support conflicts.
   Telling the child that the targeted parent din to two him/her.
   Badmouthing the targeted parent is related family and/or new family.
   Badmouthing the targeted parent is for the child.
   Telling the child some the targeted parent of the child.
   Referring to the targeted parent by first name in front of the child.
   Referring to the targeted parent by first name in front of the child.
   Referring to the targeted parent by first name in front of the child.
   Referring to the targeted parent by first name in front of the child.
   Referring to the targeted parent by first name in front of the targeted for the targeted parent the alternating parent demigrate the targeted for the targeted parent the alternating parent demigrate the targeted for the targeted parent first first for the targeted down the second parent down the down the second parent down the second paren
- a Encouraging the extended family of the alienating parent to put down the targeted parent.
   Yelling at/or challenging the targeted parent in front of the child.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page 7 of 30

### Interfering with Parenting Time/Visitation or Contact

- Moving away or hiding the child from the alienated parent.
   Not following through on planned visits.
   Arranging fun activities during planned visits to entice the child from visiting.
   Letting the child decide whether or not to visit (contrary to court orders).
- Frequent contact with the child during the targeted parent's visitation/parenting time.
- □ Telling the school to limit the child's contact with the targeted parent.
   □ Not allowing the child to see the targeted parent even while visiting that parent's own extended family.

- Unit excented rammy. Late drop-offs and early pick-ups. Instructing grandparents to forbid contact between the child and targeted parent. Attempting to have targeted parent art mested for attending school functions.
- No flexibility in visitation schedules, except when in the alienating parent's favor.

#### Slide 23

#### Limiting/Interfering with Mail and Phone Contact

- □ Intercepting calls, e-mails, and phone messages. Eliminating phone and mail contact altogether (not providing address, turning off phone,
- blocking calls). Monitoring calls, letters, and other forms of contact.
- Throwing out letters.
- Only allowing communication through the court-appointed advocate.
- □Refusing any written or verbal communication.

#### Slide 24

- Limiting/Interfering with Symbolic Contact Throwing out gifts from the targeted parent to the child.
  - Rewriting the past to distort and/or minimize the targeted parent's role in the child's life. Changing the child's last name (to exclude the targeted
  - parent).  $\hfill\square$  Having the child refer to someone else as mom or dad.
  - Limiting any mention and photographs of the alienated parent.
  - $\hfill\square$  Limiting any mention and photographs of the alienated parent's extended family.
  - Not allowing the child to bring items associated with the targeted parent into the alienating parent's home.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page 8 of 30

#### Interfering with Information

 Not providing the targeted parent with information from the school, doctors, and social activities.
 Not providing access to school and doctor information.

Refusing to communicate.
 Using the child as the messenger.

 Telling the doctor not to give the alienated parent any information about the child.

Information about the child.
 Not keeping the alienated parent informed about the child's health.

#### Slide 26

#### **Emotional Manipulation**

Forcing the child to reject the targeted parent.
 Making the child feel guilty about the relationship with the targeted parent.

- Forcing the child to choose or express loyalty.
- Withdrawal of love/getting angry if child visits or is positive towards targeted parent.
- Rewarding the child for rejecting the targeted parent.
   Interrogating the child after parenting time with the targeted parent.
- Emotional duress regarding visits.

# Slide 27

#### **Unhealthy Alliance**

- 1. Having the child spy on the targeted parent.
- 2. Secret phone calls and messages between the alienating parent and child.
- 3. Cultivating the child's dependency on the
- alienating parent.
- 4. Having secret means of communicating with the child

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **9** of **30** 

#### Miscellaneous

- Making it appear as if the targeted parent rejected the child.
   Creating conflict between the child and the targeted parent.
   Badmouthing targeted parent to friends, teachers, and doctors.
   Badmouthing targeted parent to the authorities.
   Undermining targeted parent's authority.
   Not allowing the child to bring items from alienating parent's home when having parenting time with the targeted parent.
   Putting fights on speaker phone and having the child listen.
   Punishing child for talking to the targeted parent.
   Sending empty boxes as gifts from the children.

- Cutting ties with anyone who will show support of the targeted parent.

#### Slide 29

#### **Unjustifiable Alienation**

Can be precipitated during other divorce disputes including, but not limited to, child support issues, property division issues, jealousy of an ex-partner engaging in a new intimate relationship, remarriage and financial arrangement issues.

Slide 30

#### FACT:

- It's not uncommon to hear about child abuse and neglect reports in alienation cases.
- · When you have reasonable cause, suspicion or belief based on your observations, you have a duty to report it.
- · Anyone reporting in good faith (with a reasonable belief) may not be criminally prosecuted or sued in civil court for libel, slander, defamation, violation of privacy, or breach of confidentiality.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page 10 of 30

#### Fact:

- Unfortunately, but true, false allegations of abuse are generally seen in moderate-severe levels of unjustifiable alienation cases
- For e.g., false physical and/or sexual abuse allegations can be made by an alienating parent and an aligned child against a target parent.
- Important: Swift action must be taken to determine whether a child has been abused or not. Consult with the proper authorities <u>immediately</u> to determine if objective evidence supports it.

### Slide 32

### FACT:

Virtual allegations of abuse are also commonly seen in toxic divorce cases (Cartright, 1993).

- For e.g., A mother who insinuated sexual abuse by the father by alleging that he had shown the child a pornographic videotape which in fact was just a Hollywood comedy rented from a family video store.
- For e.g., an alienating father <u>falsely hints</u> or <u>subtly</u> <u>implies</u> that his ex-wife is physically abusing their child.

Slide 33

J. Michael Bone, Ph.D.

Briefly discusses false accusations of abuse.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **11** of **30** 

### **IMPORTANT NOTE:**

- In instances where true parental abuse and/or neglect are found, the PAS label or unjustifiable alienation label must never be
- used.
- "When true parental abuse and/or neglect are present, the child's animosity may be justified, and so the parental alienation syndrome explanation for the child's hostility is not applicable" (Gardner, 2006, p. 5).

### Slide 35

#### Hybrid Types

- · Enmeshment + Alienation
- Enmeshment + Alienation + Estrangement
- Enmeshment + Estrangement
   Alienation + Estrangement (Friedlander & Walters, 2010)
- Aniehaton + Estrangement ("relorander & waiters, 2010)
   Most commonly seen as opposed to pure alienation cases.
   In cases where there is <u>estrangement as well as alienation</u> (for e.g., where some aversion to the alienated parent would be justified, but the level of the aversion is extreme).
   Mental health professionals and the Courts often fail to identify and/or properly intervene in these types of cases.

Slide 36



Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page 12 of 30

### Whether You're a Child Custody Evaluator or a Therapist

- It is critical to do an extensive, comprehensive assessment whenever you receive a referral with the question of potential child alienation, entrenched family conflict, allegations of abuse, violence, or neglect on the part of one parent.
- Perhaps during a CCE or during therapy sessions, you may hypothesize that alienating processes are possibly occurring even though the question/subject has never posed by your client(s).
- Obviously, components of the evaluation process and procedures will differ with both roles.

# Slide 38

#### Don't Jump to Conclusions

- Oversimplified assessments are problematicJustifiable or Unjustifiable Alienation may not
- be present
  "Contact refusal" is defined as "behaviour of a child/adolescent who adamantly avoids
- spending time with one of the parents during or after the divorce process that cannot be considered a mental condition, a syndrome or a disorder "(Bernet, 2011).

Slide 39

### There Are At Least Seven Different Reasons

why contact refusal may occur that is not necessarily related to justifiable or unjustifiable alienation dynamics

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **13** of **30** 

### #1 Normal Preferences (Affinity and Alliance)

- It's normal for a child/youth to prefer one parent over the other in intact, blended, separating, divorcing, and divorced families.
- Can be related to temperament, gender, shared interests, identification with a parent's physical & psychological attributes, the parenting style of a particular parent, and also attachment security with one parent.

### Slide 41

#### #1 Normal Preferences Cont'd

- Normal for an older child/teen to prefer to hang out with friends and/or to prefer to attend school/recreational activities rather than be with mom/dad.
- Beyond separation, it's normal for a child/youth to prefer to spend more time at one parent's home than the other parent's.
   And, especially, when the child remains in the family home.

Slide 42

#### #2 Loyalty Disputes

- It's normal for a child/youth to experience feelings of guilt regarding parental divorce and wish for parents to reunite.
- It's normal for a child/youth to feel bad about neglecting a parent, feel concerned and worry about the absent parent, as well as grieve for him/her.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **14** of **30** 

#### #3 Anxious and Stressed Child

- (Attachment Theory) Normal reaction for toddlers to feel anxious and stressed when primary caregiver says goodbye even when separation/divorce hasn't occurred.
- When parents separate/divorce, it's only natural for a toddler to continue to experience separation anxiety if it began prior to the separation, or it may resurface or begin at this time.

### Slide 44

#### Anxious and Stressed Child Cont'd:

- Some children experience persistent and excessive fears, and uncertainties about separation. Rule out separation anxiety disorder or panic disorder.
- Witnessed a lot of parental fighting in toxic divorce cases are at increased risk of developing separation anxiety disorder.

# Slide 45

### #4 Reversal of Parenting Role

- Parent feels extremely debilitated
  Regression occurs and become too dependent on one or more offspring
- Depressed, troubled, anxious, lonely, unable to take responsibility for themselves/their children
- Role reversal: child becomes parent's caregiver, confidant, perhaps even therapist
- Child experiences "faulty logic" & takes on excessive amount of responsibility
- · Child loves both parents but is caught in role reversal

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **15** of **30** 

### #4 Reversal of Parenting Role Cont'd:

- Child doesn't want to leave debilitated parent alone for fear of what may happen in his/her absence
- The other parent hasn't done anything wrong but child may not want to visit him/her

 This is not UA/JA <u>but without proper</u> interventions could possibly occur

# Slide 47

#### #5 Tenacious Child

- Strong-willed, tenacious, determined, inflexible, oppositional, and stubborn prior to separation/divorce.
- These characteristics intensify during parental separation/divorce
- May be diagnosed with ODD

# Slide 48

#### #6 Conflict Dodging

- Child/ren love both parents but feel caught in the middle of cont'd parental combat.
- Child/ren use safeguarding devices to protect themselves from further feelings of anxious, tension, fear, shame, and embarrassment and will adopt one parent's point of view and reject the other parent.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **16** of **30** 

# Conflict Dodging Cont'd:

- UA may not actually be occurring because the children are not being systematically programmed to hate the rejected parent.
- Note: Many rejected parents believe their child has been alienated by the favored parent.
- Rule out adjustment disorder w/wo anxiety/depression

# Slide 50

#### #7 Worry Warts' Inadvertent Programming

- One parent will engage in "accidental" indoctrination (exhibit tremendous anxiety, tension, worry, and fear that the child picks up on). Child tends to feel inclined to align with the anxious parent even though the child loves and enjoys being with both parents.
- Not UA/JA

Slide 51

#### Video Vignettes

#### Three (3) Levels of Severity

Source: Parental Alienation Awareness DVD Available for Purchase Here \$26.25 (includes tax) Presented by The Nanaimo Men's Resource Centre (2006). Hosted By Theo J. Boere and Carmen Barclay.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **17** of **30** 

How to Distinguish Between Children Who Are Victims of Bona Fide Abuse and Children Who Are Victims of UA

#### Some Clinical Markers:

- Many abused children, although not all of them, exhibit symptoms of PTSD, but alienated children rarely exhibit these symptoms.
- Abused children do not exhibit any of the eight symptoms of UA but alienated children exhibit one or more.

### Slide 53

#### Additional Clinical Markers

- Parents who abuse children are not usually obsessed with seizing opportunities to talk about the abuses with the child. Alienated children have no actual experiences to relate and they need much more input from the programming parent if they are going to get their story straight.
- Accusing parents in bona fide abuse cases are still often appreciative of the importance of the children's involvement with the abuser. Most often they will do everything in their power to reduce the abuse and hope that the situation can be salvaged so that the children may yet enjoy a more benevolent relationship with the abusive parent.

Slide 54

#### More Clinical Markers

 Bona-fide child abuse generally runs in families. When one looks into the history of the victimized targeted parent, there is generally no family history of a pattern of bona fide abuse, including abuse that extends back to forbearers. During clinical interviews, the alienating parent will admit that he/she knows of no bona fide abuse in the family background of the target parent.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **18** of **30** 

Abusive parents are deficient in their concerns for the physical, emotional, financial, and social well-being of their families. They don't strive to be high earners and often they'll spend their earnings elsewhere. For example, on alcohol and gambling. Abusers have little sense of family responsibility with regard to providing the spouse/ex and children with a reasonable level of food, clothing, and shelter. In most cases, parents who have been targeted as victims of PAS are the opposite in this profile.

#### Slide 56

- Parents who abuse their children are typically impulsive. They act out their impulses without consideration for future consequences. They often times have a history of job loss due to their inability to get along with coworkers and supervisors.
- Targeted parents are not likely to have a history of impulsivity.

# Slide 57

 Children who have experienced bona fide abuse often feel a need to continue to have a relationship with the abuser. As mental health professionals, it is not uncommon to work with victims of abuse who still worship, love, care for, yearn for, and feel uncomfortable talking about the abuse. The client also does not like to speak badly about the abuser. This is sometimes even the case when the abuser is deceased. There's still a loyalty bond present.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **19** of **30** 

 Children being manipulated and programmed by an alienating parent tend to limit contact or have no contact with the target parent. In later years the adult child who experienced alienation earlier on, and never underwent reunification therapy (or for some reason the RT bombed), will continue to not worship, love, care for, and yearn for the rejected parent. As a matter of fact, the adult-child victim of alienation will continue to feel no guilt about badmouthing/denigrating the deceased rejected/estranged parent.

### Slide 59

#### Assessment for Domestic Violence

- ✓ Numerous assessments that involve potentially alienated children will include allegations of DV.
- ✓ These allegations may be valid, misinterpretations of events, exaggerations of events, or complete fabrications.
- When they are valid, REMEMBER, this is NOT an alienation case.
- Allegations of violence are more likely to arise at the time of separation, and actual incidents of violence are common during the process of separation (Hanks, 1992; Johnston, 1992).

# Slide 60

- ✓ Keep in mind these may or may not be indicators of long-term domestic violence within the marriage.
- The occurrence of one single episode of separation induced violence can bring about an opportunity to rewrite history and change the perceptions of the past in families in which alienating dynamics are prominent.
- ✓ Alleged DV incidents are often of the "he said she said" type and, therefore, involve careful gathering of the details.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **20** of **30** 

- ✓ A number of existing instruments and tools used in the field of domestic violence, intimate partner abuse, and child abuse can help facilitate and clarify the likelihood of such allegations (For e.g., the Spousal Abuse Risk Assessment (Kropp, Hart, Webster, & Eaves, 1998).
- ✓ One of the newest publications called "Family Problems and Family Violence: Reliable Assessment and the ICD-11" (2013) by Foran, Beach, Slep, Heyman, and Wamboldt (Editors) is also very useful.

#### Slide 62

### Assessment for Child Abuse/Neglect

- ✓ Like DV, numerous evaluations that involve potentially alienated children will include allegations of child abuse/neglect.
- ✓ These allegations may be valid, misinterpretations of events, exaggerations of events, or complete fabrications.
- ✓ When they are valid, REMEMBER, this is NOT an unjustifiable alienation case.

# Slide 63

#### Interviews with the child and parents will provide some information. Reports from child protective services and police agencies, as well as interviews of collateral sources will help provide further information (American

- Professional Society on the Abuse of Children, 1995). Psychological tests findings of both the child as well as the parents are warranted in these types of
- allegations. ✓ Consultation with an DV/CA expert may be necessary.
- May also be necessary to make a referral to a DV/CA expert for part of the evaluation process.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **21** of **30** 

Dispelling Some Misunderstandings

For a considerable period of time some distorted facts on parental alienation have been published in popular media and some scientific literature.

# Slide 65

There are individuals and groups who oppose the use of these terms/concepts as a psychiatric diagnosis. For e.g., Bruch, 2001; Faller, 1998; Meier, 2010; The Leadership Council; The National Organization For Women, 2012; Wood, 1994.

> Their arguments <u>are not</u> convincing.

Slide 66

#### Some Reasons for the Controversy

- ✓ Unfortunately, but true, for rejected parents and their children, unjustifiable alienation is often surrounded by controversy. According to literature, the controversy is multifaceted.
- Some posit the PAS phenomenon was "invented" by forensic psychiatrist, Dr. Richard Gardner (1985). While Dr. Gardner coined the term, he did not invent this horrific form of abuse. To claim that he invented parental alienation is comparable to stating Freud invented anxiety.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **22** of **30** 

 For e.g. Parental Alienation was depicted in the literature as early as 1949 by Wilhelm Reich; he wrote Character Analysis. Reich explained that some divorced parents enact revenge, on their ex-partners, by depriving them of a relationship with their children. In order to alienate the child from the partner, lies are told without any reality to the statements.

### Slide 68

✓ PA has been described in legal literature for over 200 years.

 $\checkmark$  PA has been described in psychiatric literature for over 60 years.

(Bernet, 2010)

Slide 69

Some feminists reject alienation as a concept and argue that mothers only deny access if fathers are abusive (Meier, 2010). Moreover, some individuals and groups continue to deny the reality of this form of abuse unless the perpetrator is a violent man (For e.g., NOW, 2012).

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **23** of **30** 

Yet, most DV training programs consider coercive control and manipulation as a component of DV. As such, DV can include battering, but a woman or a man can still endure DV without battering.

Slide 71

### National Organization for Women Foundation (NOW)

Mothers, Children at Risk as Fathers' Rights Groups Seek Legitimacy for Phony Mental "Disorder" (June 11, 2012)

Slide 72

#### Misunderstanding #1:

- "Proponents of PAS, predominantly rightwing "fathers' rights" groups, have been trying for years to force legitimacy upon this unfounded theory."
- Dispelling this Misunderstanding: Various Women's Groups and Father's Groups are working towards the inclusion of Parental Alienation. It is gender-neutral.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **24** of **30** 

#### Misunderstanding #2:

"PAS is a tactical ploy used by attorneys whose clients (primarily fathers) are seeking custody of their children."

#### Dispelling this Misunderstanding:

Sadly, but true, the term alienation can be used as a ploy by either parent. Attorneys can also engage in third-party alienation. Nonetheless, as long as mental health and legal professionals are educated about justifiable and unjustifiable alienation then this won't be an issue.

#### Slide 74

#### Misunderstanding #3:

"A protective parent who accuses her/his ex-spouse of harming their child(ren) is deemed mentally ill — solely by virtue of the accusation."

#### **Dispelling this Misunderstanding:**

 Legitimate unjustifiable alienation (PAS) in no way suggests that the parent who accuses his/her ex-partner of harming the children is deemed mentally ill — solely by

# Slide 75

#### virtue of the accusation.

 Legitimate unjustifiable alienation involves an identifiable parent who systematically programs one or more children or youths in the same family against the other parent who has been a good, loving parent prior to the alienation occurring.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **25** of **30** 

 True legitimate unjustifiable alienation also necessitates that the alienated child or youth makes active contributions to the vilification of the target parent. In other words the child has succumbed to the effects of the alienation.

### Slide 77

#### Misunderstanding #4:

"Ludicrously, the PAS theory holds that the protective parent and child can only be "cured" of their "disease" by being totally separated."

#### Dispelling this Misunderstanding:

A significant amount of experts in the field consistently agree that children need to have a relationship with both parents (For e.g., Baker, 2005, 2006, 2007; Darnall, 2010; Gottlieb, 2012; Kelly & Johnston, 2001, 2004; Reay, 2007, 2012; Warshak,2010).

Slide 78

#### Misunderstanding #5:

"Children may go through a phase of "splitting" their parents, lavishing love on one and anger toward the other. Responsible research has shown these phases to be temporary."

#### Dispelling this Misunderstanding:

Some children can undergo a temporary phase of uncertainty during the normal divorce process. Sadly, with legitimate unjustifiable alienation cases, the greater

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **26** of **30** 

the level of severity (mild, moderate, severe), the greater the likelihood that the child will never rebuild a relationship with the rejected parent (Baker, 2005, 2006, 2007, Darnall, 2010; Kelly & Johnston, 2001, 2004; Reay, 2007, 2012; Warshak, 2010).

# Slide 80

#### Misunderstanding #6:

"No valid, empirical evidence exists for such a mental disorder (PAS)."

#### Dispelling this Misunderstanding: To date, hundreds of studies have shown

that unjustifiable alienation (PAS) is a scientifically valid concept in well over 30 countries (For e.g., Baker, 2007; Gottlieb, 2012; Kihlbom, 1998; Kopetski, 2006; Lorandos, 2006; Lowenstein, 2006; Reay, 2007, 2012; Sauber, 2006; Steinberger, 2006; Szabo, 2002; Warshak, 2001, 2006, 2010).

Slide 81

#### FACT

 "Despite controversies regarding terminology and etiology, the phenomenon of parental alienation is almost universally accepted by psychiatrists, psychologists, social workers, and family counselors who evaluate and treat children of high-conflict divorces" (Bernet, 2010).

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **27** of **30** 

# Scientific validity vs. "Junk science"

Please consider viewing Part 1 – Part 8 You Tube Videos by D. Lorandos, Ph.D., J.D. called ``Is Parental Alienation Syndrome Scientific?" Source: Canadian Symposium for Parental Alienation Studies (2009).

# Slide 83

#### Brief 4-Minute Video Clip

- This will attempt to help you get a "flavour" for why it's so very important to watch all 8 parts!
- D. Lorandos, Ph.D., J.D. Is Parental Alienation Syndrome Scientific?
   ...12/08/2009http://www.PASattorney.com D. Lorandos, Ph.D., J.D. - Is Parental Alienation Syndrome - Scientific? - Part 6 from the Canadian National Symposium on Parental Alienation -2009

http://www.youtube.com/watch?v=ipk\_3zbbvmc

Slide 84



Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **28** of **30** 

### **Reunification Therapy**

- Trends suggest that one of the most promising therapeutic interventions to date is called Reunification Therapy (RT).
- Family Reflections Reunification Model (Reay, 2011).
- Family Reflections Reunification Program (Reay, 2011).

# Slide 86

# The Importance for Professionals and Courts to Exercise Caution

- Prior to Accepting Allegations of Abuse as True ✓ Clearly, children must be kept from being placed in the care of physically and psychologically abusive parents.
- ✓ This concern, however, must not stop MH and legal professionals from protecting children against the cruelty of being manipulated by one parent to hatefully reject their other healthy, nurturing parent.

Slide 87

### A Couple of Examples of Canadian Landmark Court Decisions

- A.A. V. S.N.A. (British Columbia, July 2007).
- ► R. V. Gettliffe-Grant (British Columbia, January 2007).
- ➤C.S. v. M.S. (Ontario, February 2007).

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **29** of **30** 

#### The End

- Dr. Kathleen Reay is available for consultations with parents, significant others, and professionals.
- ≻ Clinical Supervision is also offered.

Email <u>drkathleenreay@gmail.com</u> for more info.

Copyright © 2013 Dr. Kathleen M. Reay, Inc. No part of this slide package may be reproduced or transmitted in any form or by any means without the prior written consent of Dr. Reay. Page **30** of **30**